

**THIRD TERM E-LEARNING NOTE**

**SUBJECT: HOME ECONOMICS**

**CLASS: JSS3**

**SCHEME OF WORK**

<b>WEEKS</b>	<b>TOPICS</b>
1	FAMILY LIVING
2	PREGNANCY/CHILD BIRTH
3	CHILD DEVELOPMENT
4	CHILD CARE IMMUNIZATION
5	FOOD PRESERVATION AND STORAGE
6	KITCHEN EQUIPMENT/UTENSILS
7	REVISION
8	EXAMINATION

**REF BOOKS**

Home Economics for JSS 1 – 3 by Elizabeth U. Anyakoha pg 341-358.

**WEEK 1**

**Date:.....**

**TOPIC:- FAMILY LIVING/MARRIAGE**

The family is the basic unit of any society. It is made up of group of persons related by ties of marriage, blood or adoption and who live together. A family starts with a young man and a young woman who establishes a relationship become married and produces children.

Adolescence is the period of growing up. It is a stage in every person’s life that lies between the end of childhood and the beginning of adulthood. As boys and girls pass through adolescence they relate to each other. They tend to have friends of the opposite sex.

A boy /girl relationship should be as wholesome and healthy as possible. Unwholesome and unhealthy boy/girl relationship can result into the following problems :

- 1 lack of self-discipline and respect.
- 2 teenage pregnancy
- 3 sexually transmitted diseases
- 4 drop out from school and termination of education.

Healthy boy/ girl relationship can be long lasting. The following guidelines are important for a healthy boy girl relationship;

- 1 Adolescents should choose friends who have good characters.
- 2 They should seek their parents approval of their friends.
- 3 They should bring their friends home and introduce them to their parents and guardians.
- 4 Friends should be free to visit each others home.
- 5 Friends should learn about each others family.
- 6 Parents should discuss freely with their children at all times.

**COURTSHIP**

Courtship is a process of relationship which leads to marriage. Courtship period is the time during which the young man and woman intending to marry each other move about more closely to know each other. At this period they get to know each other better.

**CHARACTERISTICS FEATURES OF COURTSHIP**

- 1 The intending couples find out more about each other.
- 2 They determine how suited they could go into a lasting union.
- 3 They learn about each others family customs and tradition.
- 4 They find out the extent to which they really love and care for each other.
- 5 They discuss their future plan.

**MARRIAGE**

Is the union of a man and a woman as husband and wife.

**FACTORS TO CONSIDER IN CHOOSING A MARRIAGE PARTNER**

- 1 **AGE:-**the partner should be old enough for marriage.
- 2 **BACKGROUND:-**it is wise to choose partner from the same background(religion, social, educational etc)with him or her.
- 3 **ECONOMIC SECURITY:-**they should ensure that they are economically ready to do so.
- 4 **CHARACTER:-**on should choose a partner with a reputable character .

- 5 HEALTH:-one should go for check up to determine genotype, HIV/AIDS status ,fertility test etc.
- 6 LOVE:-persons intending to get married should love each other.
- 7 COMPARTIBILITY:-partners should share similar interests, likes ,dislikes etc.
- 8 PARENTAL CONSENT:-partners should seek parental consent before marriage.

**MARRIAGE SYSTEM IN NIGERIA**

Nigeria is made up of two ethnic groups. Each ethnic group has its own marriage system and acceptable procedure, the common system of marriage in Nigeria include;

- 1 Traditional or customary marriage.

This type of marriage is entered into according to native laws and customs. It differs from one area to another in Nigeria, traditional marriage can either be ;

a)monogamous: where one...